

Learning Project WEEK 6 – Food

Age Range: KS1

Weekly Maths Tasks (Aim to do 1 per day)

- Access the mymaths website and complete homework tasks. You can also choose a specific area and watch a tutorial on this.
<https://www.mymaths.co.uk/>
- Play on Hit the Button - number bonds, halves, doubles and times tables.
<https://www.topmarks.co.uk/maths-games/hit-the-button>
- Look in the cupboards and the fridge. Sort some of the foods you can find into different groups e.g. protein, starchy/carbohydrates, dairy etc. Which food group has the most or least amount of items? Which item of food is the lightest or heaviest? Why might this be?
- Play the game Fruit Fall - answer the data handling questions based on how many pieces of fruit you catch.
<http://toytheater.com/fruit-fall/>
- Choose and draw 2D shapes of your choice. List how many sides, vertices and lines of symmetry it has.

Weekly Reading Tasks (Aim to do 1 per day)

- Reading a variety of books at home. Your child could share a book everyday. This can be reading a book aloud or sharing a book with an adult.
- Read out aloud the ingredients on the back of a tin or cereal box to an adult?
- Find a cooking book in the house or online and read the ingredients needed to make something.
- Find a food leaflet in the house and read some of the items. Make a list of the food in alphabetical order.
- Read a variety of books and make a list of all the different types of food you find.

Weekly Phonics / Spellings Tasks (Aim to do 1 per day)

- Daily phonics - Ask your child to practice their sounds and blend words. Interactive games found on link below.
- Phonics play
<https://new.phonicsplay.co.uk/>
- Top Marks
<https://www.topmarks.co.uk/>
- Look at the top 100 high frequency words and learn 5 new words to spell (year 1)
- Look at the next 200 high frequency words and learn 5 new words to spell (Year 2)
- Look at the spelling list for Year 2 (in their

Weekly Writing Tasks (Aim to do 1 per day)

- Ask your child to:
- Create a shopping list for the week. Can your child group the items into food groups on their list? e.g. fruit and vegetables, meat, dairy.
 - Write a recipe for a healthy meal of their choice. Can they use subheadings for the ingredients and instructions?
 - Write a set of instructions for making toast. Can they use imperative verbs?
 - Design a new label for a cereal box. What eye catching information will you add? Can you use an exclamation mark?
 - Write a poem about your favourite food.

homework books), learn 5 new words to spell.

- Learn how to spell some common fruit and vegetables.

Will it rhyme?

- Design a new milkshake. Which ingredients will you include?
Will you have a mascot that is linked to your new creation?
Can you make the milkshake?

Learning Project - to be done throughout the week – Food

The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc.

Balanced diet

Show your child this video about how to have a balanced diet.

<https://www.bbc.co.uk/bitesize/topics/zv4cwmn/resources/1>

Play these games about healthy eating.

http://resources.hwb.wales.gov.uk/VTC/healthy_eating/eng/Introduction/default.htm

Fruit and vegetables

Draw pictures of fruit and vegetables in your house.

Label the fruit and vegetables and place in alphabetical order.

Sorting activity

Collect food from the kitchen and sort into healthy and unhealthy foods.

Design a poster

Think about the foods you like to eat and food that you need to eat to keep you healthy.

How do they differ?

Healthy lunchbox

Can you play this game and make a healthy lunchbox?

<http://archive.foodafactoflife.org.uk/Activity.aspx?siteId=14§ionId=61&contentId=56>

Traditional food

Many cultures have various dishes of food to celebrate their festivals.

Find out about a festival and compare it to a different festival.

What are the similarities? What are the differences?

How is the food prepared?

Do you have any traditional food you enjoy with your family?

Restaurant

Can you plan a menu? Think about what you would like to have on your menu. Can you design a menu for a vegetarian? Can you design a menu for a vegan?

Designing a school menu

Can you design a new school menu?

What could you add? What would you keep the same?
Will it be a healthy school menu?
Can you find pictures or draw pictures to add to your menu?
Plan out your menu and remember to include prices.
Will you have a different menu every day?

Cooking

Find a few recipes and check if you have the ingredients at home and cook a meal for your family. Think about a starter, main and dessert.

Can you cook as a family?

Fruit survey: Ask in your family the different fruits they like to eat.

Collect the information and create it in a tally chart.

Can you represent this information in a particular way?

Fruit and vegetables printing

Look at the work of the artist: Lynn Flavell.

How does she represent fruit and vegetables?

Can you create a piece of artwork in the style of Lynn Flavell?

Look at the work of Giuseppe Arcimboldo.

Using different drawing materials, can you create a picture of your own?