

PSHE (Heartsmart) Pupil Voice

Two pupils were interviewed from each year group from Year One to Year Six.

Here are the findings:



What is Heartsmart?

Most children stated that it is about 'Being smart with your Heart'. Children also mentioned that it is about loving other people and not just yourself. Boris the Robot was also spoken about.

Do you know the 5 principles of Heartsmart?

With a little prompting, children were able to recall most of the Heartsmart principles.

Do you enjoy PSHE lessons?

Every child agreed that they enjoyed PSHE / Heartsmart lessons.

How often do you have a Heartsmart session?

Children spoke about weekly Heartsmart assemblies and how PSHE / Heartsmart is important in the classroom too.

What do you like best about your Heartsmart lessons?

Overall, most children felt that they enjoy PSHE lessons that are discussion based. They commented that it provides them with an opportunity to reflect positively about themselves and others. They said PSHE/ Heartsmart sessions boost their confidence and make them feel better about themselves. They enjoyed learning about themselves, their friends and about other children in their class. Children also mentioned that they enjoyed giving compliments to the other people in the class.

Most children also mentioned Boris the Robot.

Impact

Children spoke about the importance of caring for others and the world around them. I was particularly impressed with their understanding of morals and their positive mind-set. All children were knowledgeable about what makes a good citizen and many linked it to their Christian faith. They spoke positively about themselves and others and this was lovely to hear. The children spoke openly and confidently about their feelings and it was clear that PSHE is woven into the school day and is part of the St Mary's ethos. It was evident that the children are building the skills and values required to contribute positively to our school and the wider community.

Development

Most children felt that they would like to have more classroom based Heartsmart sessions and would like to have more time for whole class discussions; this in turn this will ensure coverage across the curriculum.

Staff could relate events and scenarios that take place throughout the school day to specific Heartsmart principles and school values.

Continue to Tweet some examples of children displaying our Heartsmart principles and values.

Aim to record PSHE in Wow books where appropriate

I will provide a Heartsmart High 5 poster to display in your classrooms.

Some lovely quotes from our children.

"When people are down, bring them up."

"I love complimenting others"

"The man who cares for animals is Heartsmart. His heart told him to do it!"

"Believe in yourself and others."

"We learn about the things we shouldn't do because we are good Christians."

"Love others as yourself."

"It helps me to feel better about myself"