

Learning Project Week 2 – Sport

Age Range: KS1

Weekly Maths Tasks (Aim to do 1 per day)

- Access the mymaths website and complete homework tasks. You can also choose a specific area and watch a tutorial on this.
<https://www.mymaths.co.uk/>
- White Rose Maths online maths lessons. Watch a lesson video and complete the worksheet (can be downloaded and completed digitally).
<https://whiterosemaths.com/homelearning/>
- Mastery Mathematics Learning Packs Learning packs with different activities and lessons. Includes notes on how to do these activities with your children.
<https://www.mathematicsmastery.org/free-resources>
- Place an object on the ground and use positional language such as forward, backwards, up, down, left and right to direct them to the object. You could switch roles and get your child to give the directions.
If you wanted to make it harder, you could use a blindfold but be extra careful!
- Play 'Catch' with your child using a ball or anything else that can be thrown safely. Instead of counting in 1s each time the ball is caught, ask your child to only count every second, fifth or tenth catch.
- Count orally in multiples of 2, 5 and 10.
- Play the positional problem game.
<https://nrich.maths.org/234/index>
- Each member of the family could have a go at the Long Jump. Ask your child to measure the length of each jump using a measuring tape and record the lengths.
Who jumped the furthest?
Who had the shortest jump?
What was the difference between the shortest and longest jump?

Weekly Reading Tasks (Aim to do 1 per day)

- Provide your child with a bag and ask them to collect items to go in it that relate to a well-known story. If they can't find an item, they could draw a picture instead. Ask them to use the objects in the story bag to retell the familiar story. See if you can guess the story from the clues.
- Talk to your child about a hero from a book they have read recently, for example the Prince from Rapunzel or Mulan. Ask them to draw the hero or heroes from a story and list adjectives to describe their appearance and personality.
- Ask your child to choose and read a healthy recipe from a recipe book. If you have the ingredients, why not follow the recipe together?
- Watch and listen to 'The Little Princess: I Want to Win' based on the Tony Ross book. Talk to your child after this about how the Little Princess felt each time she won a game. Can they think of a time they felt like the Little Princess?
<https://safeyoutube.net/w/s6h6>

Weekly Phonics / Spellings Tasks (Aim to do 1 per day)

Weekly Writing Tasks (Aim to do 1 per day)

● The word 'sport' contains the sound 'or'. Ask your child to list as many words as they can containing the 'or' sound. Your child might identify words that contain an alternative spelling for 'or' such as **oor / ore / aw / au**.

● Play the Solve, Shoot, Score spelling game on the Premier League Primary Stars. Encourage your child to write down the words spelt and add sound buttons.

<https://plprimarystars.com/for-families/play-game>

● Ask your child to list words to describe athletes or their sporting hero. For example, *strong, winner, speedy*. Can they use these words to write descriptive sentences about athletes?

● Your child could visit Phonics Play and play. <https://www.phonicsplay.co.uk/Phase5Menu.htm>

● Ask your child to add the 'ing' suffix to these verbs: jump, skip, hike, throw, catch, kick, smile, run & shout e.g. jump + ing = jumping. Which root words need the 'e' removing first?

● Has your child got a favourite sportsperson? This could be their P.E. teacher! Ask them to write an information booklet about this person.

● Ask your child to think of questions they'd love to ask their favourite athlete. They could write a list of questions using a range of questions words such as 'when', 'why', 'who', 'what', 'where' and 'how'. Your child could then answer their own questions in the role as their hero.

● Visit the Literacy Shed for this wonderful resource on The Catch or your child could write their own sporting story featuring their hero. <https://www.literacyshedplus.com/resource/the-catch-ks1-activity-pack>

● Ask your child to design a gold medal and present it to somebody deserving within the household. Why have they chosen this person?

● Ask them to write a few sentences and include the word 'and', 'because' and 'if'.

Learning Project - to be done throughout the week – Sport

The project this week aims to provide opportunities for your child to learn more about sports and games. Learning may focus on the history of sport, sporting-heroes, physical challenges and performance.

● Obstacle Course Fun

Task your child with designing and making their very own obstacle course in the garden.

Ask them to draw and label their design first and include all of the equipment they need.

They can then use their design to create their obstacle course.

Ask the family to complete the obstacle course whilst your child times them.

Your child could even make medals from tin-foil or any other suitable material and present them to the winner during a winner's ceremony.

● Make a Family Mascot

Your child could make their very own family mascot using materials from around the house.

● Remarkable Routines

Can your child create their very own simple routine, just like a gymnast or a dancer?

After this, your child can choose a piece of music to practise their routine to.

● Terrific Team Kits

Ask your child to design their very own team kit.

They should consider the flag of the country that they would represent and how to incorporate these colours into the design.

They could draw the design with a pencil or use a computer program to do this.

- **Can you Invent a New Olympic Game?**

Challenge your child to invent their very own game for the 2021 Olympics.