

# Food For Children

## CHOSEN BY CHILDREN

It is very important to us that children enjoy the food we serve. Eating a balanced meal results in improved concentration and provides energy to get through a busy day. That's why we have listened to what you want see on our menus.

### Our Customer Promise

#### Our commitment to provide the best service everyday

- ✓ Our meals meet, and even exceed, current nutritional guidelines.
- ✓ Our meals contain food marked with a wide range of quality UK standards
- ✓ Our staff are qualified professionals. Qualifications include basic hygiene, health and safety, catering and management skills.
- ✓ Our staff are parents too, so we understand fussy eaters, allergies and will always ensure your child has a meal they will enjoy.
- ✓ We will provide a 2 course meal and a drink every day for a set price.
- ✓ We welcome your feedback to help us improve the service we provide.

### FREE Free Meals IN HALTON

ALL pupils in reception, years 1 & 2 are eligible to a free school meal, but your older children could be entitled too.

If you are in receipt of certain benefits or have a household income below the Government threshold you could be entitled.

For Free School Meal Information Contact  
**Student Services Team**

Tel: 0151 511 7188

Halton Direct Link in Runcorn/Widnes

Visit: [www.halton.gov.uk/schoolmeals](http://www.halton.gov.uk/schoolmeals)

Free School Meals Applications:  
[RutlandHouseSharedAdminTeam@halton.gov.uk](mailto:RutlandHouseSharedAdminTeam@halton.gov.uk)

Please Note:  
Occasionally for reasons beyond our control we may have to alter the menu



# school meals

Winter 2023 - Summer 2024



[www.halton.gov.uk/schoolmeals](http://www.halton.gov.uk/schoolmeals)



		Week 1	Week 2	Week 3
Monday	Main	<b>Brunch</b> Sausage, Hash Brown, Omelette/ Scrambled Egg <b>Vegetarian Brunch</b> Quorn Sausage, Hash Brown, Omelette/Scrambled Egg	<b>Pork &amp; Carrot Meatballs (x4)</b> served with herby potatoes <b>Vegan Sausage Roll</b> served with herby potatoes	<b>Chicken Korma Curry</b> served with 50/50 rice and homemade naan balls <b>Tomato &amp; Basil Pasta Bake</b> served with homemade garlic dough balls
	Vegetable	Baked Beans, Salad Bar	Spaghetti Hoops, Salad Bar	Green Beans, Salad Bar
	Dessert	Angel Whip, Fresh Fruit, Cheese & Crackers	Ice Cream Roll, Fresh Fruit, Yoghurt	Homemade Raspberry Bun, Fresh Fruit
Tuesday	Main	<b>Homemade Minced beef pie</b> served with boiled potatoes <b>Homemade Vegetarian Enchiladas</b> served with side salad	<b>Homemade Pasta Bolognaise</b> served with a homemade garlic triangle <b>Homemade Cheese &amp; Rice Flan</b> served with boiled potatoes	<b>Homemade Beef Burger in a Bun</b> served with saluted potatoes <b>Oven Baked Veggie Balls</b> served with sautéed potatoes
	Side	Mixed Vegetables, Salad Bar	Sweetcorn & Peas, Salad Bar	Garden Peas, Salad Bar
	Dessert	Homemade Iced Finger, Fresh fruit	Fruit Flapjack, Fresh Fruit	Lemon Drizzle Muffin, Fresh Fruit
Wednesday	Main	<b>Roast Turkey Dinner</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy <b>Quorn Sausage</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy	<b>Roast Gammon Dinner</b> with Pineapple, Roast/Mash Potatoes & Gravy <b>Quorn Sausage</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy	<b>Roast Turkey Dinner</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy <b>Quorn Sausage</b> served with Stuffing Balls, Roast/Mash Potatoes & Gravy
	Side	Carrots & Broccoli	Carrots & Broccoli	Carrots & Broccoli
	Dessert	Iced Carrot Cake Muffin, Fresh Fruit	Fruit Muffin, Fresh Fruit Mix	Jelly & Ice Cream, Fresh Fruit
Thursday	Main	<b>Deli Day</b> selection of filled Wraps & Sandwiches served with oven baked potato wedges <b>Filled Jacket Potatoes</b> served with a side salad	<b>Deli Day</b> selection of filled Wraps & Sandwiches served with oven baked potato wedges <b>Filled Jacket Potatoes</b> served with a side salad	<b>Deli Day</b> selection of filled Wraps & Sandwiches served with oven baked potato wedges <b>Filled Jacket Potatoes</b> served with a side salad
	Side	Salad Bar	Salad Bar	Salad Bar
	Dessert	Jelly & Ice Cream, Fresh Fruit, Yoghurt	Melting Moment & Wedge of Fruit, Fresh Fruit	Homemade Ginger Biscuit & Wedge of Fruit, Fresh Fruit
Friday	Main	<b>MEAT FREE FRIDAYS</b> <b>Fillet Fish Fingers (x2)</b> served with chips <b>Our Famous Homemade Margherita Pizza</b> served with chips	<b>MEAT FREE FRIDAYS</b> <b>Fish Stars (x2) or Non-Fried Salmon Fillet</b> served with chips <b>Our Famous Homemade Margherita Pizza</b> served with chips	<b>MEAT FREE FRIDAYS</b> <b>Fillet Fish Fingers (x2)</b> served with chips <b>Our Famous Homemade Margherita Pizza</b> served with chips
	Side	Garden Peas, Salad Bar	Mushy Peas, Salad Bar	Baked Beans, Salad Bar
	Dessert	Chocolate Sponge Square, Fresh Fruit	Chocolate Ice Cream Tub, Fresh Fruit	Kracholates, Fresh Fruit
		Week 1	Week 2	Week 3
		04/09 25/09 16/10 13/11 04/12 01/01 22/01 19/02 11/03 15/04 06/05 03/06 24/06 15/07	11/09 02/10 23/10 20/11 11/12 08/01 29/01 26/02 18/03 22/04 13/05 10/06 01/07	18/09 09/10 06/11 27/11 18/12 15/01 05/02 04/03 25/03 29/04 20/05 17/06 08/07

Meat free: Gluten Free: Served Daily: Filled Jacket Potatoes with a daily choice of various fillings Salad Bar - - includes 5 fresh Salad items Assorted Breads Daily Drinks: Chilled Milk, Mishake and Water