

Heart Smart



As part of our PHSE curriculum this term we have been looking at, *Too Much Selfie Isn't Healthy*. The children have been thinking about how they can not only love themselves but also show love and kindness to others. They have been playing games that involve helping each other out and thinking of ways they can make other people feel better by being selfless. In Year 3 and 4 the children also enjoy sharing how they feel at the start of each session.



Too Much Selfie Isn't
Healthy

